

# ICRTH2022 PHYSICAL WORKSHOP

WOR4 | 2 Sept 2022 | 7:00 AM - 8:00 AM (GMT+8) | Poolside UCSI Hotel Kuching

## HEALTH AND WELLNESS TOURISM: MORNING EXERCISE



**Instructor:**

**Dr. Ann Ashton**

- Associate Professor and Associate Dean for Administration, National Institute of Development Administration, Thailand



**Moderator:**

**Dr. Liew Siew Ling**

- Lecturer, Faculty of Business and Management, UCSI University, Malaysia

